



Design: Enjoys inward fellowship with Jesus

Indicator #	L1Q03
Category	Christ
Indicator	Enjoys inward fellowship with Jesus

	Spiritual	Experiential	Relational	Instructional
1	Meditate on John 17:3; 2 Corinthians 3:18; 1 John 1:1-3. Memorize one or two of these verses.	Practice waiting on and listening for God for about 30 minutes every day by yourself.	Invite someone who has an intimate relationship with Jesus to share their experiences in fellowship with Him. Invite them to pray for you, that you would be drawn closer to God daily.	Study John 17:3; 2 Corinthians 3:18; 1 John 1:1-3.
2	Meditate on John 14:21-23, specifically about what this passage says about our fellowship with Jesus. Allow enough time for the Word to speak life to you. Practice capturing wandering thoughts (with no self-condemnation).	In moments of great stress throughout the day, intentionally turn your thoughts to Jesus, knowing that He cares for you and bears your burdens with you (1 Peter 5:7). Keep a record of how the Holy Spirit leads you each day.	Ask a spiritual advisor or someone who consistently waits on God to coach and teach you.	Find and read books or articles on this subject (such as Practicing the Presence of God by Brother Lawrence or To Enjoy Him Forever by Malcolm Webber); ask your spiritual leader for suggestions. Write out your insights as you read.
3	Personalize Romans 8:14 and pray it for yourself.	Schedule and design a one-day retreat devoted to spending time with Jesus in a quiet and beautiful place, preferably out in God's creation.	Find a spiritual partner who can encourage you in fellowship with Jesus. Invite him/her to keep you accountable.	Study Malcolm Webber's teaching on "Waiting on God."
4	Read and reflect on Genesis 1-3 and the privilege of knowing, worshiping and talking to God.	Talk to God throughout the day about your love for Him, how you're feeling and what you're thinking. Keep a record of how many times you do this and try to reach 20 the first day; add one each day thereafter until it becomes a habit.	Invite several intercessors to pray with you specifically in this area.	Listen to sermons, teachings, or podcasts on knowing God and waiting on God.
5	Pray for yourself every day, that you would encounter Jesus through the leading of the Holy Spirit. Explore the many different ways to pray through Scripture, thank God, reflect, and wait. Expect response from God as you seek Him.	Write out your conversations with God every day for one week. Go back and evaluate your conversations, making sure that they include much more than just requests.	Join or form a group which prays together.	Find one or two examples of people in the Bible who fellowshiped daily with God. What did their lives look like?
6	Arrange a fast with the goal of meeting Jesus in moments of physical hunger. Repent of any sin that is grieving the Holy Spirit and hindering your fellowship with Christ.	Every day for one week, choose to say no to one activity, distraction, or opportunity you might have, and instead use the time to build your fellowship with God.	Read John 14-17 in your team, family, or small group and discuss the role of the Holy Spirit in keeping us connected to Jesus.	Study the example of Jesus. How did He fellowship with His Father?
7	Reflect on how incredible it is that we have inward fellowship with the Creator of the universe. Worship Him with songs about His love and beauty.	Use your cell phone or email to send yourself a short message from Jesus that is a quotation of His words.	Participate in the Bread and Cup in your church or small group. Focus on the fellowship with Jesus you share together with your brothers and sisters.	Study the Gospel of John and John's three epistles, observing the basis and depth of the fellowship described.
8	Jesus promised to never leave you or forsake you. Ask Him to continually remind you of His moving in your life throughout the day. At the end of the day, ask Jesus to help you recall His interventions, and give thanks.	Spend a day serving a pastor or leader and notice how this person naturally models inward fellowship with God.		Study David's story and his Psalms. Explore how he maintained inward fellowship with God in every situation.
9	Repent of over-busyness that keeps you from your first priority of knowing and enjoying God. Ask Jesus for greater wisdom in re-aligning your time.	In time of loss or suffering, be attentive and responsive to the comfort of the Holy Spirit.		Use Scripture to craft a prayer to God that expresses your desire to know Him.
10	Surrender any frustration or unbelief concerning your personal relationship with Christ that may have taken root over time. Reaffirm aloud before God, yourself, and the enemy that Jesus lives in you and you in Him (1 John 4:9-12).	Write a poem, a song or a drama describing your inward fellowship with Jesus.		Create a skit that demonstrates the genuine relationship between Jesus and His redeemed ones.
11	Take three hours and slowly read John 13:31 – 17:26 over and over again. Talk to God openly as you read it. Cry out to experience deep union with the eternal triune Godhead.	Design a plan for daily fellowship with God that works for you and stick to it for six weeks until it forms a habit.		Go through the New Testament, especially the Book of Acts, to understand more fully the Person and function of the Holy Spirit.
12				Analyze the difference between the performance mentality of the Pharisees and the grace offered through the Gospel. How does each affect our relationship with God?
13				Listen to audio teachings on Spiritual Life by Malcolm Webber – at least one per week.