



Design: Trusts Jesus in everyday life

Indicator #	L1Q11
Category	Christ
Indicator	Trusts Jesus in everyday life

	Spiritual	Experiential	Relational	Instructional
1	Meditate on Proverbs 3:5-6; Matthew 6:6-13; James 4:13-15; 1 Peter 5:7-10. Memorize one or two of these verses.	Identify specific big and small ways you can trust God in your everyday life, based on your circumstances. Practice trusting Jesus in these things.	Interview some mature people of faith, asking them how they trust Jesus in their daily life and what the fruits of that trust are. Observe how they do it and imitate their lives.	Study Proverbs 3:5-6; Matthew 6:6-13; James 4:13-15; 1 Peter 5:7-10.
2	Read through Psalm 37:3-6, then pray through it, asking God to give you greater trust and delight in Him.	Daily spend time with Jesus, in the Word. Practice looking to Him.	Share your challenges with a spiritual mentor; ask for prayer, encouragement, and advice.	Find and read books or articles on trusting Jesus for everyday things (ask a spiritual leader for suggestions).
3	Reflect on how you go about life every day, asking God to reveal areas where you distrust Him practically. Confess your distrust, fears, and pride to God; receive His grace, and repent.	Practice generous giving, trusting God for the results and not your bank account.	Spend regular time with spiritual friends who are also seeking to develop a walk of trusting Jesus in daily life, for mutual encouragement, sharing, and waiting on God together.	Listen to sermons, teaching, or podcasts on this subject.
4	Ask God to reveal barriers to your faith. Fast and pray for freedom from these hindrances.	Pray for the sick, trusting Jesus for healing and comfort.	Ask one or two close friends to keep you accountable to trust God daily. Meet regularly with them.	Study Jesus' example of trusting God for everyday things. What ways did God provide for Christ and His disciples?
5	Ask the Holy Spirit to open your eyes to opportunities in daily life to trust in God.	Talk to Jesus about everything you encounter throughout your day. Look to Him for all things.	Ask an intercessor or two to pray for you in this regard.	Read a biography on a believer who trusted God for everyday needs (for example, George Mueller).
6	Keep a spiritual journal of how Jesus has faithfully walked with you through the ups and downs of life. Give Him thanks and praise.	Instead of running away, embrace opportunities to do challenging and difficult things. Trust Jesus for the outcome.	Walk alongside of people who are going through challenges of life and trusting Jesus for them.	Do a study on God's faithfulness toward His children.
7	Reflect on past experiences when you trusted Jesus and it helped you conquer challenges. Tell God that you believe and ask Him to help you believe (Mark 9:24).	Lay your calendar (or your paycheck, your to-do list, etc.) out before God, praying for discernment and trust (2 Kings 19:14). Manage these daily things believing in God to provide for you.		Contrast biblical examples of people who trusted in God and people who didn't. What are the differences in reasons and results?
8	Worship God with songs about His faithfulness and power.	Practice listening for God's direction throughout the day, and follow His leading.		Prepare a teaching on trusting in God's timing – both the benefit and warning – from the story of Abraham's children, Isaac and Ishmael. Present it to your small group or church family.
9		Schedule a day to evaluate how you trusted God during the week. Celebrate the times that you trusted Him and make plans to trust Him more in the areas you failed. How can you trust Him more next week?		Lead a group discussion on trusting in God's provision (Matthew 6:25-34; Genesis 22; Philippians 4:6-7, 19).
10				Study what the Bible says about trusting God's protection (Psalm 91; 1 Samuel 17).
11				Read To Enjoy Him Forever by Malcolm Webber.
12				Listen to audio teachings on Spiritual Life by Malcolm Webber – at least one per week.
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